

## PhysIQ Fat Burn

### What is PhysIQ Fat Burn?

Starting the day you take it, you'll feel the energizing effects of PhysIQ Fat Burn's active ingredients — Sinetrol® and Svetol®. They use naturally derived fat burners — like citrus and green coffee bean extract — to stimulate the breakdown of abdominal fat and support long-term weight management. Combined with exercise and a healthy diet, you can burn stubborn fat and uncover a body you love.

### How is PhysIQ different from other fat burners?

PhysIQ Fat Burn uses smart ingredients to burn fat safely and naturally — It combines the wisdom of nature with the reliability of science to help your body shed unhealthy pounds. Fat Burn doesn't use any harmful stimulants to get results and is safe for long-term use.

It includes patented fat burners — Svetol® and Sinetrol® — to reduce body fat and boost your metabolism and energy.

### Will PhysIQ Fat Burn upset my stomach?

Although everyone is different, no side effects like upset stomach are expected when taken according to our recommended directions for use.

### Does PhysIQ Fat Burn contain harmful stimulants?

No. The caffeine content is very low and the vitamins are at very safe levels. There are no other stimulants present in the product.

### How much caffeine is in PhysIQ Fat Burn?

Green coffee and guarana extracts contain naturally occurring caffeine — less than 22 mg per serving.

### Is PhysIQ Fat Burn safe to use?

Our product is made with natural ingredients that have been shown to be both safe and effective. Use as directed. Consult your physician prior to use if you are taking any prescription medications.

### Are there any side effects with using this PhysIQ Fat Burn?

Although everyone is different, the product and its ingredients have been tested and no side effects are expected.

### What is Sinetrol®?

Sinetrol® is a patented weight management blend — formulated from natural Mediterranean citrus. It uses sweet orange, blood orange and grapefruit extracts and their bioactive polyphenols to stimulate Lipolysis. Sinetrol is backed up by published peer-reviewed studies. The studies demonstrate a reduction in body fat and in waist and hip size.

The activity of Sinetrol® is enhanced with natural caffeine from guarana. Sinetrol is backed up by published peer-reviewed studies. The studies demonstrate a reduction in body fat and in waist and hip size.

Visit [fytexia.com](http://fytexia.com) to learn more about Sinetrol.

### What is Svetol®?

Svetol® is a patented fat burner that contains green coffee bean extract, which is rich in chlorogenic acids that are highly absorbed and metabolized by humans. This contributes to body weight management by inducing the use of fat as a source of energy.

Svetol® is backed by published peer-reviewed studies. The studies demonstrated a decrease in overall weight, body mass index and fat loss as well as an increase in lean-mass-to-fat mass ratio. Visit [Svetol.com](http://Svetol.com) to learn more about svetol.

### Why are B vitamins added to the formula?

B vitamins serve as a catalyst for energy metabolism in the body. Without it, your body can't break down carbohydrates, proteins and fats for energy. Vitamin B3 and B6 are required for fat and carbohydrate metabolism.

Folic acid is involved in red blood cell production and Vitamin B12 not only helps with metabolism it supports the production of new cells — including red blood cells.

**Is it safe to use if I am nursing or pregnant?**

No. PhysIQ Fat Burn is not recommended for use if you're nursing or pregnant.

**Does the Grapefruit extract contain any furocoumarins?**

No. Our grapefruit extract does not contain any furocoumarins.

**Is PhysIQ Fat Burn FDA approved?**

Dietary supplements don't need to be formally approved by the FDA before they're put on the market. However, by law, all products have to be safe, legal and do what they claim to do. The FDA does regulate products once they are on the market.

**How do I take the PhysIQ Fat Burn product?**

Take 2 capsules with your two main meals for a total of 4 capsules per day. If you are sensitive with caffeine, take it at breakfast and lunch.

**Does Fat Burn contain NRF2 ingredients?**

No.

**Can I use Protandim® with Fat Burn?**

Yes, you can use Protandim with Fat Burn.

**PhysIQ™ Product Line**

**What is PhysIQ?**

PhysIQ is the smart way to manage your weight. PhysIQ uses scientifically proven ingredients to support your diet and exercise routine — helping you look and feel your best. Designed to recharge and balance your body's natural weight management system, PhysIQ is a safe, long-term solution that starts burning stubborn fat.

**What products make up the PhysIQ Line?**

PhysIQ is made up of 4 unique products: PhysIQ ProBio with Immune Support, PhysIQ Fat Burn, PhysIQ Cleanse & PhysIQ Protein Shake.

**Do I need to take all the products?**

If you want the best results, take all products together. They're designed to work with each other to recharge and balance your body's natural weight management system.

**Where are the products made?**

All PhysIQ products are made in the USA.

**Is exercise required when taking PhysIQ?**

Yes. PhysIQ works with your exercise routine to help you manage your weight. We recommend exercising 3-5 days a week, for 30-60 minutes a day, to look and feel your best.



*Sinetrol® is a registered trademark of Fytexia®. Svetol® is a registered trademark at Naturex.*

These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure, or prevent any disease.