

PhysIQ Protein Shake

What is PhysIQ Protein Shake?

The PhysIQ Protein Shake curbs your appetite with fast- and slow-release proteins to build muscle without GMOs, soy, unnecessary sugars, and unwanted calories. This protein supports the growth of lean body mass with amino acids so that you can find the strength you need every day to love your body.

How does protein help me manage my weight?

Our muscle activity accounts for most of the calories our body burns. Without enough lean body mass, our metabolism is sluggish and we feel like we're always fighting a losing battle to shed unhealthy fat.

Supplementing your diet and exercise routine with the right kind of protein helps you build muscle to burn more calories and uncover your ideal body.

How much protein is in the PhysIQ Protein Shake?

PhysIQ Protein Shake contains 12g of protein from two kinds of protein — whey and micellar casein.

What is Whey protein?

Quickly digested, Whey protein satisfies hunger right away and triggers an immediate increase in amino acids — stimulating protein synthesis and enabling significant muscle growth.

What is Micellar Casein protein?

Slower to digest, Micellar Casein protein fends off your appetite— creating a long-term, supportive environment for building lean body mass.

Is the PhysIQ Protein Shake a meal replacement?

No. PhysIQ Protein Shake is not a meal replacement. It's a quick and convenient source of high-quality protein to take as part of a balanced daily diet.

Does the PhysIQ Protein Shake contain plant-based ingredients?

Yes. Except for the whey and micellar casein proteins, the majority of ingredients are plant-based.

What flavor is the PhysIQ Protein Shake?

Vanilla.

Is the flavor all-natural?

Yes.

Does PhysIQ Protein Shake contain any soy?

No.

How do I take my PhysIQ Protein Shake?

Mix one scoop of PhysIQ Protein Shake with 8 oz water or your favorite kind of milk in a shaker bottle/blender. Take one or two times per day to support a balanced diet. Can be blended with peanut butter, bananas, and other fruits for added flavor and nutrients.

Remember, the shake is not a meal replacement.

How should my PhysIQ Protein Shake be stored?

This product should be stored at room temperature in a cool, dark place.

Will my PhysIQ Protein Shake interfere with medication?

Please contact your physician with any questions or concerns.

Is the PhysIQ Protein Shake recommended for pregnant or nursing mothers?

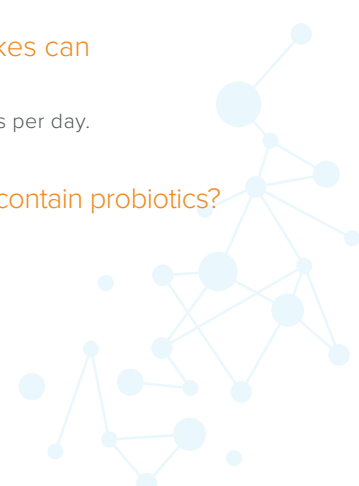
Please consult your physician before using any supplements if you're pregnant or nursing.

How many PhysIQ Protein Shakes can I drink in a day?

Recommended use is 1 to 2 times per day.

Does the PhysIQ Protein Shake contain probiotics?

No.



Is this FDA approved?

Dietary supplements don't need to be formally approved by the FDA before they're put on the market. However, by law, all products have to be safe, legal and do what they claim to do. The FDA does regulate products once they are on the market.

Does the PhysIQ Protein Shake contain NRF2 ingredients?

No.

Can I use Protandim with the PhysIQ Protein Shake?

Yes. You can use Protandim with the PhysIQ Protein Shake.

PhysIQ™ Product Line

What is PhysIQ?

PhysIQ is the smart way to manage your weight. PhysIQ uses scientifically proven ingredients to support your diet and exercise routine — helping you look and feel your best. Designed to recharge and balance your body's natural weight management system, PhysIQ is a safe, long-term solution that starts burning stubborn fat.

What products make up the PhysIQ Line?

PhysIQ is made up of 4 unique products: PhysIQ ProBio with Immune Support, PhysIQ Fat Burn, PhysIQ Cleanse & PhysIQ Protein Shake.

Do I need to take all the products?

If you want the best results, take all products together. They're designed to work with each other to recharge and balance your body's natural weight management system.

Where are the products made?

All PhysIQ products are made in the USA.

Is exercise required when taking PhysIQ?

Yes. PhysIQ works with your exercise routine to help you manage your weight. We recommend exercising 3-5 days a week, for 30-60 minutes a day, to look and feel your best.

